



BABINETICS
THE FIVE DYNAMICS OF HEALTH



From the Desk of Dr. Bertrand Babinet

www.babinetics.com

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Dear Bertrand,

One cornerstone of my work is summarized in the phrase you hear me use a lot, "effectiveness to purpose". Take a moment to read the feature article below about the coaching work I've developed around the four functions of our brains. By understanding our unique brain matrix, we can cooperate better with how we work and live more purposeful, happy lives.

Wishing you a great Spring, full of purpose, vitality and radiant health!

Please visit our website:
Babinetics.com

Functional Brain Matrix Coaching



The Functional Brain Matrix

The brain has four primary psychological functions:

- **Direction**
- **Connection**
- **Cognition**
- **Imagination**

Direction is the purpose of the will. It is the ability to focus on a desired outcome and to follow through until we reach it. It coordinates the other functions of our brains to assist in lining up with our values, staying on purpose and achieving our goals. The primary qualities supporting this function are trust, integrity, tolerance, and clarity. These qualities naturally combine to create authentic leadership: *one that holds a vision of the highest good of all concerned and naturally mobilizes the very best contributions of all involved.*

Connection is an essential supporting role. It is contextually aware of our needs, the needs of others, as well as the environmental needs of the planet. This function is essential in the management of relationships. The supporting qualities are: *respect, responsibility, caring, attentiveness and compassion.*

Cognition is the part of our brain that converts all life experiences - positive or negative - into learning and wisdom. It enables us to understand how things function, how to create effective strategies, and organize information in ways that can be shared with others. It also validates information through experimentation enabling us to share our knowledge, experience and wisdom. The supporting qualities are: *intellectual honesty, eagerness to learn, observation, reflection, and openness to contributions from others.*

Imagination allows us to see possibilities and create new realities. It promotes invention and discovery, and it also provides the foundation for artistic expression. The supporting qualities are: *generosity, spontaneity, freedom, authenticity and cooperation.*

How Our Brain is Programmed

All these aspects of our brain have been programmed in our childhoods, often through

fear, lack and hurt. The results are dysfunctional ego needs for approval, recognition, control and attention. When the functions of the brain become polarized, we weaken or even lose inner connectivity, integrity of purpose and the quality of our contribution.

The Purpose of the Heart

It has often been said that the brain is a great servant and a poor master. Our heart is the connection to our Soul and Spirit. It is the key to the integration of all the facets of the brain facilitating a marvelous dance of personal effectiveness and happiness.

Functional Brain Matrix Coaching

Identifying dysfunctions caused by our programming, restoring the power of the heart and reclaiming our unique gifts is the purpose of Functional Brain Matrix Coaching. Often the work may be completed in one session. And at times, additional sessions can be valuable.

**Initial one hour session price is \$240.
Follow-up sessions to this process are \$180/hour.**

"In doing Bertrand's Functional Brain Matrix Coaching, I learned what "triggers" me into creating separation from two specific groups of people and how to more humanly and effectively deal with that. Given that I frequently work and interact with both groups, what better, more valuable use of time and energy could there be than that hour with Bertrand? Can't imagine!"

- Tom Boyer, Transformational Coach

To schedule an appointment with Dr. Babinet
for your Functional Brain Matrix Coaching Session
Email us at Babinetics@gmail.com or
Call us at **720.328.8299**

\$50 Off the Weight Loss Program with Dr. Babinet



Take Advantage of our Spring Weight Loss Special

\$50 off the Weight Loss Program with Dr. Babinet

Through the End of April

Springtime is the very best time to lose weight. Our metabolism is stronger, it is easy to go outdoors to exercise and we are more motivated to get our body in shape to get into clothes that are more revealing. We want to support you in losing those unwanted extra pounds.

During the month of April our weight loss programs will be discounted by \$50. The 48 day program will be \$500, the 26 day will be \$400 and the repeat program will also be discounted \$50 -- \$400 for the long program and \$300 for the short one.

"I find the HCG weight loss plan very easy to follow and I had immediate success in losing weight the very first week. I always feel I have enough to eat, and I have plenty of energy. The plan is really working for me."

-- Carol Beau, Doctor of Spiritual Science

**To schedule your appointment to begin weight loss at \$50 off,
email us at Babinetics@gmail.com
or call us at 720.328.8299**

**Read more about the Babinetics Homeopathic Weight Loss program.
[Click Here.](#)**

Let us know if we can assist you in your process. Our products and services are here to help you create the health and the life you want.
We are 100% committed to your health.

Making Health Contagious

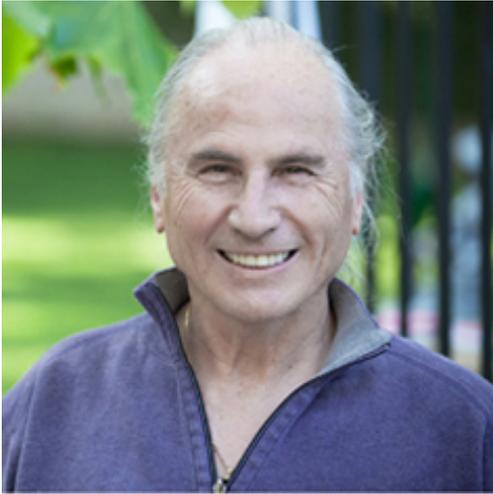
Please help us tell others about Babinetics

If you have friends who you think might benefit from our work, please share this newsletter with them by clicking here. [Forward to a Friend.](#) Thank you!

About Dr. Babinet

Dr. Bertrand Babinet has created a revolutionary approach to optimal health and wellbeing. Drawing from extensive education and training, 21 years practicing Chinese Medicine, and utilizing proprietary assessment and treatment tools to address both the physical and psychological, he helps clients identify natural strategies to restore balance and harmony in the body and in life. Dr. Babinet works with individuals, couples, families, organizations and the physical environment to optimize health, effectiveness

and creativity. [Read More.](#)



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