



BABINETICS
THE FIVE DYNAMICS OF HEALTH



From the Desk of Dr. Bertrand Babinet

www.babinetics.com

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Dear Bertrand,

"Autumn is a second spring when every leaf is a flower. "

- Albert Camus

Your Ounce of Prevention for Fall



Reducing Stressors inside the Body

In the last newsletter we talked about the simple keys to maintenance. In this issue we are going to explore prevention.

Why Now?

The fall is a good time to focus on our health. With the arrival of the cold weather people often retreat to old habits of low exercise and comfort food. This is exacerbated by the holidays with all the family reunions, parties etc. So, what do you need to do to prepare?

Beyond Basic Maintenance

Traditional medicine is focused on the pharmaceutical treatment of diseases. This is definitely an important part of the health care paradigm, but other aspects are also critical.

Your Functional Medicine Option

The purpose of functional medicine is to catch and correct issues before they have a major deleterious effect on our health. The old quote, "It's better to beg for forgiveness than to ask for permission" does not apply to your health! In response to external stressors or functional loads the body responds, with stress, distress, acute inflammation, chronic inflammation and degeneration. The key of functional medicine is to identify issues before they turn into chronic illnesses and to reverse the course naturally to restore optimal health.

How Do We Do This?

The functional stressors are: fungus, parasites, viruses, bacteria, mycoplasma, mycobacterium, excess weight, allergies, toxicity, Electromagnetic fields, hormonal de-regulation and chronic emotional stress due to life circumstances. A combination of blood tests, symptom assessment and specific naturopathic protocol helps us identify the early challenges and turn them around.

What Can Babinetics Do to assist You?

Dr. Babinet, PhD, Lac, has 40 years of experience in functional natural health care including: structural realignment, energetic medicine, blood chemistry analysis, herbal medicine, homeopathy and psycho-spiritual coaching.

Special Discounts for October and November 2018



Three Special Fall Opportunities Available Through November 30

To maximize your health this fall, call Dr. Babinet to provide you with the knowledge and support you need to succeed with your intentions. To book an appointment at this discounted rate, call 303.823.0301 or email Dr. Babinet at babinetics@gmail.com.

Option I

A comprehensive one-hour [functional assessment](#) with treatment protocol: \$200; \$150 for seniors over 70 (Normal price: \$240)

Option II

A comprehensive functional blood chemistry assessment: \$150.

(Normal price: over \$350)

This includes:

- A PDF report - color coded for easy comprehension
- E-mail review of the findings by Dr. Babinet
- Suggestions for natural treatment strategies

Combination of I and II

One-hour appointment plus blood test: \$300.

This is an extension of the same offer from last month.

Option III

A comprehensive [weight loss protocol](#) at \$100 discount:

- 26 day program: \$350
- 48 day program: \$450

Includes:

- Functional health assessment mentioned above
- On-going support during the program and the 6 weeks stabilization phase.

Combination of Option II and III

Weight loss protocol and blood test:

- 26 day program: \$450
- 48 day program: \$550

To take advantage of any one of these offers or a combination of the above please contact us to set up an appointment.

**To book a consultation with Dr. Babinet, call 303.823.0301
or email: babinetics@gmail.com**



Making Health Contagious

Please help us tell others about Babinetics

If you have friends who you think might benefit from our work, please share this newsletter with them by clicking here. [Forward to a friend](#). Thank you!

About Dr. Babinet



Dr. Bertrand Babinet has created a revolutionary approach to optimal health and wellbeing. Drawing from extensive education and training, 21 years practicing Chinese Medicine, and utilizing proprietary assessment and treatment tools to address both the physical and psychological, he helps clients identify natural strategies to restore balance and harmony in the body and in life. Dr. Babinet works with individuals, couples, families, organizations and the physical environment to optimize health, effectiveness and creativity. [Read More.](#)

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