

Health Insight Newsletter

October 2014

**BABINETICS**  
THE FIVE DYNAMICS OF HEALTH

From the Desk of Dr. Bertrand Babinet

[www.babinetics.com](http://www.babinetics.com)**In This Issue**[What's New? Link to Article on The Five Dynamics of Health](#)[Save the Date: Upcoming Teleconference - The Flu](#)[Feature Article: A Global Approach to Health Care](#)[First-time User Special - \\$10 off Prime Formula](#)[About Dr. Babinet](#)[Share the Newsletter](#)**Dear Bertrand,**

The brilliant colors of Autumn highlight this beautiful season. Relish the clear skies and cooler days of the next several weeks.

We all know that with the onset of fall, is also the onset of flu season. Please plan to attend Dr. Babinet's upcoming telecast to make an informed decision about flu vaccines and learn natural ways to defend yourself against the flu.

Not all nutritional supplements are created equal. Find out why Dr. Babinet's proprietary formula is truly unique in this month's feature article, where he provides the story behind the formula. Not only does it address key physical functions, but heart coherence as well, a key element to radiant health.

We are so happy to have you as a member of our community. Feel free to contact us at any time with suggestions or feedback. We wish you a very happy October.

[Forward to a Friend.](#)**What's New?**

Have you read Dr. Babinet's article on LinkedIn, **A New Paradigm for Health**

**Care?** To learn about the Babinetics philosophy for optimal health, [click here.](#)

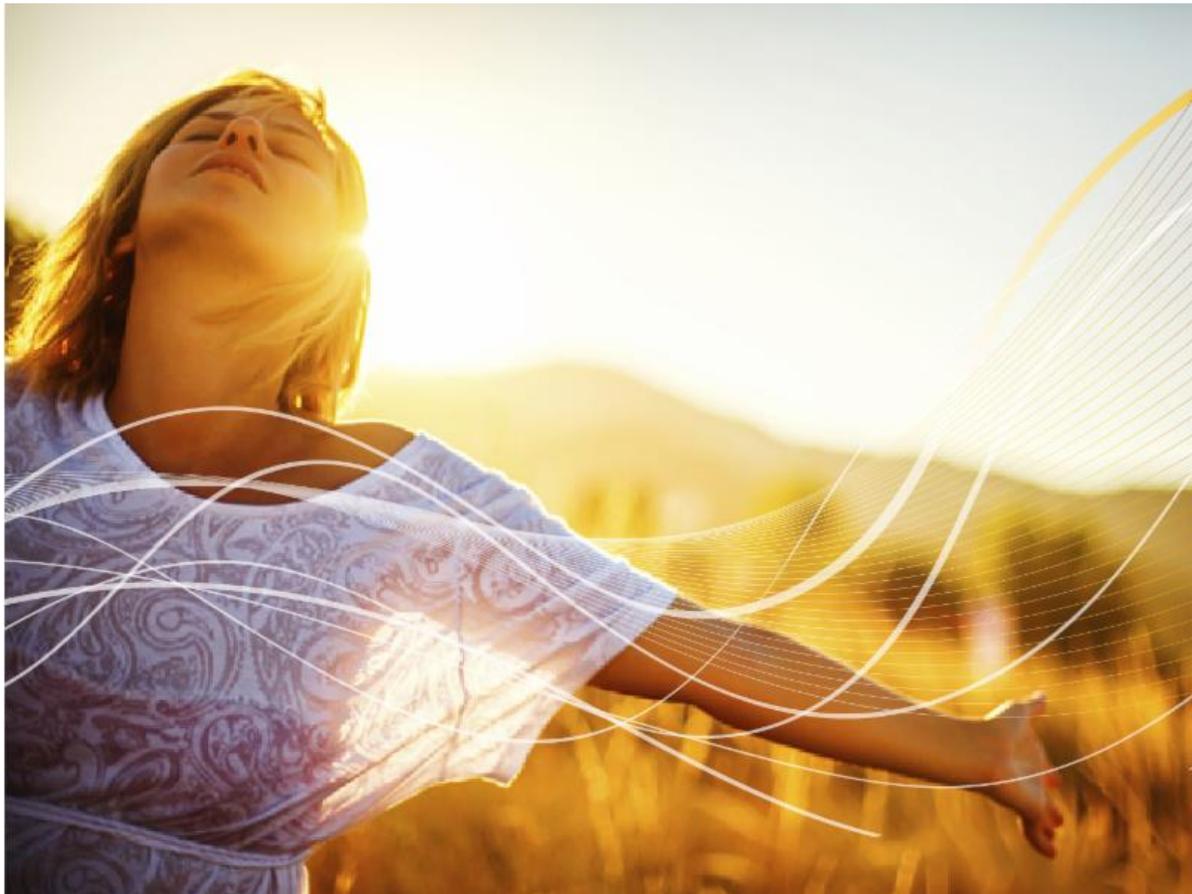
## Upcoming Teleconference - The Flu

### **SAVE THE DATE:**

**Our next teleconference is scheduled for November 11, 2014 at 6pm MDT.**

Watch your email for your invitation to this informative presentation. With all the TV emphasis on flu vaccine we wanted to give you a broader perspective to evaluate how to best protect yourself in flu season. We will look at immune support in general and also give you some information on the best protection against Ebola and other possible epidemics.

## A Global Approach to Health



### **The history of the Prime Formula**

In 2006, my friend Terry Tillman asked me to create a comprehensive nutritional supplement for a marketing company in Europe. The requirement was to offer a nutritional program that could create a solid health foundation for men and women,

suitable e from adolescence to old age.

### **What is my expertise in the domain of global health?**

My work has focused for many years on the power of inner peace known as "heart coherence" as a foundation for physical and psycho/spiritual health. Additionally, I created "The Five Dynamics of Health" an approach to well being that provide nutritional support for the four primary functions of physical health: absorption, transformation, elimination and protection. The integration of all this became a product designed to keep individuals of all ages in optimal shape. "Prime Formula."

### **A marriage of health science and intuition.**

Recent changes created an opportunity to further improve the formula. Prime Formula is composed of 29 vitamins and minerals for basic health support. This includes an enzymatic complex for improved absorption, a blend of 13 herbs to support and maintain homeostasis and promote life extension, an advanced probiotic designed to improve the gut's immunity, and a rich source of omega 3 fatty acids that supports cells, hormones and the brain.

### **Why is inner peace critical to global health management?**

The heart is the true maestro of the entire body, orchestrating a set of rhythms, which, when they are coherent, make us happier, healthier and enhance our ability to succeed in life's tasks. Heart coherence, benchmarked by smooth and balanced heart rhythms, is our optimal state. Heart coherence supports a healthy heart, mind and emotions. It positively regulates all of the processes in the body, including cognitive, hormonal, digestive, respiratory and immune systems. This heart coherence in the Prime Formula is achieved through the selection of specific herbs and vitamins chosen and combined to promote the vibrational state of inner peace that harmonizes body, mind and spirit.

### **The Four Physical Dynamics of Health.**

While the frequency of the heart is critical for our health on all levels, our body also functions in a challenging environment. It needs to constantly adjust to life's demands and maintain a high level of effectiveness. The four critical functions of every living system are:

**Absorption:** The body needs specific nutrients to function optimally. Beyond carbohydrates, protein, fat and water, we need 13 vitamins, 17 minerals, as well as carotenoids and bioflavonoids. Many of these come from food we eat, but many people do not have enough food quality and diversity to maintain healthy reserves of these essential nutrients. The Prime Formula is designed to provide nutritional support in these areas while enhancing digestion and assimilation. The addition of enzymes in our newly revised formula is particularly valuable in this regard.

**Processing:** The primary components of our health, carbohydrates, fats and proteins, all need to be transformed to be used in our body. The Prime Formula contains specific herbs designed to optimize the work of the organs (particularly the liver and pancreas) and the cells to promote anti-aging.

**Elimination:** The air we breathe, the food we eat and the fluids we drink all have contaminants that need to be excreted. Also, some of the food we ingest cannot be processed or absorbed and must be eliminated. Vitamins, minerals, fatty acids and herbs in the Prime Formula are designed to strengthen detoxification and drainage throughout the body.

**Protection:** The body has natural boundaries in the skin, lungs, intestine and the mucous membranes. We have an active defense mechanism designed to repel and neutralize invaders that can endanger the integrity of our body. The Prime Formula is designed to enhance protection, maintain integrity and promote longevity.

### **Will the Prime Formula address all your health issues?**

Not all, but many! Our health is dependent on lifestyle, gender, age and genetics. Prime Formula promotes a healthy foundation on all levels. Individual needs vary and additional products may be recommended to address specific situations. Our ten years of experience with the Prime Formula shows that people maintain a higher state of well-being and greater levels of vitality, stamina and personal effectiveness.

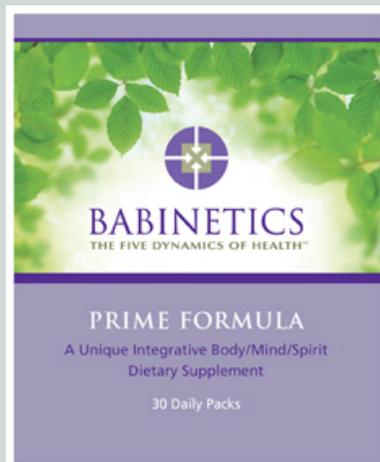
### **What are the other benefits of the Prime Formula?**

- \* The formula has been improved to promote greater absorption, and contains a very high quality probiotic.
- \* It is practical; one daily pack that also makes it convenient for traveling.
- \* It is reliable, with a ten-year track record of effectiveness.
- \* It is comprehensive, effectively targeting all aspects of basic health.
- \* It is very economical, priced at just \$2.50 per day.

### **What is the price?**

The price of a one-month supply of Prime Formula is \$75. We will continue offering a \$10 discount to any first time user, as well as six monthly refills for the price of five.

## **First-time User Discount for Prime Formula**

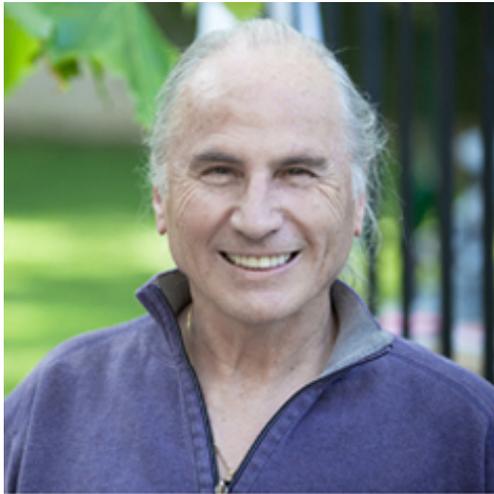


### **\$10 off Prime Formula for First-time Users**

The Prime Formula is a unique body/mind/spirit nutritional supplement created by Dr. Babinet and designed to support five interrelated functions.

We are offering \$10 off the normal price of Prime Formula for first-time users. Call 303.823.0301 to place your order and receive your discount.

## **About Dr. Babinet**



Dr. Bertrand Babinet has created a revolutionary approach to optimal health and wellbeing. Drawing from extensive education and training, 21 years practicing Chinese Medicine, and utilizing proprietary assessment and treatment tools to address both the physical and psychological, he helps clients identify natural strategies to restore balance and harmony in the body and in life. Dr. Babinet works with individuals, couples, families, organizations and the physical environment to optimize health, effectiveness and creativity. [Read More.](#)

## Making Health Contagious

### Please help us tell others about Babinetics

If you have friends who you think might benefit from our work, please share this newsletter with them by clicking here. [Forward to a friend.](#) Thank you!

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