

Health Insight Newsletter

March 2014



**BABINETICS**  
THE FIVE DYNAMICS OF HEALTH



From the Office of Dr. Bertrand Babinet

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### FREE Living in Peaceful Harmony Teleconference

Get ready to manage life's challenges in a more balanced and effective manner.

April 17, 2014  
5 pm PT/8 pm ET

Register today for our free, one-hour teleconference, [Living in Peaceful Harmony](#)

### Prime Formula

### Dear Bertrand,

Spring renewal is happening at Babinetics. We are developing a fresh look, beginning with our logo. Over the next several months, we'll be rolling out a new web site, new educational and professional training programs, inspirational webcasts, and more. We're delighted to be sharing our transformation with you!



### Bio-Functional Energetics Seminar June 20-22, 2014, Lyons, Colorado

For the first time in 7 years we are offering this unique healing seminar. The first day of the seminar is open to the public and teaches how to clear the unconscious and improve personal effectiveness in every area of your life. Day two and three are designed for people familiar with anatomy and physiology with an interest in incorporating functional health into their practice to help clients deal with specific physical issues. We are in the process of securing CEU credits for attending.

Seminar details to follow soon in a separate email.

### Springtime is the perfect time to feel great and look stunning!

Let's examine how to get ready for shorts, bathing suits and tank tops as well as how to live in peaceful harmony.

Surprisingly enough, feeling good and looking good are



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connected. The common denominator is psychological and physiological stress. How we manage our stress has a direct impact on how we look and feel.



**Stress is interpreted in our brain as deprivation.** Our physiological response is to depress energy and increase storage of fat, primarily in the mid-section of our bodies.

**Psychological stress** is usually the result of ongoing challenging or traumatic situations but can also be caused by neurological and/or hormonal deregulation. An additional contributor is lack of sleep. We have many new products to assist with these specific issues.

**Physiological stress** is mostly due to inflammation often associated with Candida overgrowth, infection and toxicity and/or an unhealthy lifestyle: smoking, substance abuse, high consumption of sugar and refined carbohydrates, lack of exercise and sleep deprivation.

Decreasing or eliminating most of the above mentioned stressors dramatically improves the quality of our lives and profoundly impacts our ability to lose weight and maintain optimal health. People participating in our comprehensive weight loss program are radiant and energized.

Learning how to effectively manage challenging situations from a place of inner peace and creativity requires specific skills. Not knowing how to do that results in an accumulation of stress that can become a chronic state of hyper-reactivity. We can assist you in learning how to process these situations more effectively during our Living in Peaceful Harmony Teleconference.

**[Click to register for our free Living in Peaceful Harmony Teleconference](#)**

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## Comprehensive Health Assessment

We are extending our special for another month. Now is the time to take advantage of this offer, which has proven to be both valuable and popular!

The symptom-based questionnaire, functional blood

chemistry analysis and bio-function energetic analysis are offered for the unbeatable price of \$300. An MD would typically charge over \$500 for the blood test alone!

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## Weight Management Special

Through June, 2014 you can do the comprehensive weight loss program at a \$100 discount - \$350 instead of \$450 for the 26-day program, or \$450 instead of \$550 for the 48-day program. If you combine either program with the full comprehensive health assessment, we will add only \$100 (the cost of the blood test) and do the processing and evaluation at no extra cost to you.



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## About Dr. Bertrand Babinet



Dr. Bertrand Babinet is a health intuitive who has created a revolutionary approach to optimal Health and Wellbeing. His purpose is to help you identify natural strategies to restore balance and harmony in your body and your life. To accomplish this, he has created many tools of assessment and treatment that cover both the physical and the psychological levels. He works with individuals, couples, families, organizations and the physical environment to optimize health, effectiveness

and creativity. Dr. Babinet holds a PhD in Human Development and a Masters Degree in Spiritual Counseling. He is a board certified acupuncturist by NCCAOM and licensed acupuncturist in Colorado and has been practicing Chinese medicine for the past 21 years. He holds certifications in Nutrition, Functional Endocrinology, Functional Blood Chemistry, Postural Integration, Neural Organization Technique (NOT) and Nanbudripad Allergy Elimination Technique (NAET).

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## Contact Us

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Please join us for  
a free, one-hour  
teleconference:

### Living in Peaceful Harmony

**Thursday**  
**April 17, 2014**  
**5 pm PT/8 pm ET**

Benefit from Bertrand's expertise and wonderful presence as you learn how to:

- Cancel Reactivity.
- Identify appropriate inner responses to life challenges.
- Deal with stress through effective strategies.

Take this opportunity to create a more balanced and effective life. [Click here to register for Living in Peaceful Harmony](#)

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