



# Health Insights

from the office of Dr. Bertrand Babinet

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**Dear Bertrand,**

Excess weight has become one of the major health issues in this country. The statistics from the Center for Disease Control and Prevention are alarming. In 2005, 67% of noninstitutionalized adults age 20 years and over were overweight or obese. 34% were obese and 18% of adolescents 12 to 19 were overweight. Being overweight and obese have been linked with many chronic health issues: diabetes, cardiovascular diseases, cancer, early onset dementia and multiple skeletal issues. Many of us have struggled with our weight with limited success. Below we are offering a new and unique strategy proven to produce the desired weight loss. It is based on dramatic new findings, on the causes and mechanism of fat accumulation in our bodies and how to correct this imbalance.

Peace, love and radiant health,

Bertrand Babinet

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PhD LAc

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## Your Health Insights Tip

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### Our Fat Savings Account

Usually when people have enough money to cover their basic needs they open a savings account and then whenever they have more than they need they put that money into their savings account. Dr. A.T.W. Simeons, a medical researcher from Italy, has discovered that the same mechanism exists in the body in relationship to fat. [For a copy of his book Pounds and Inches outlining his research and his methodology.](#) When we have stored the fat we need to support our skin, our organs and some reserve for short term emergency, we store the remainder in fatty tissue. This fat is stuck there and simply continues to accumulate every time we eat fat or excess carbohydrates. There are many hormones involved in fat metabolism which are produced in our liver, our pancreas, our thyroid, our adrenals and our fat cells. The research indicates that up regulating or down regulating these hormones may help us lose weight on a short term basis but it has little or no impact on the management of our Fat Savings Account. This explains the up and down cycles of weight loss and weight gain. Without modifying the basic management of our fat reserves we keep on saving our fat for future famine.

### The Manager of the Fat Saving Account

The hypothalamus, a pea size gland in the center of our brain often

perceived as the central command system of our body, is the manager of our fat reserves. It does that through the action of a hormone called human Chorionic Gonadotrophin or hCG. This hormone is active during pregnancy to guarantee the well being of the fetus or as a survival mechanism in long term starvation. By synthesizing this hormone and injecting it into severely obese individuals Dr. Simeons was able to help them maintain a very low caloric count of 500 calories per day without any sense of hunger or deprivation thus achieving considerable weight loss. Recently a homeopathic formula of this hormone and several other weight management factors was created and was shown to produce the same results. It is available from DesBio and the medical director of DesBio has released 68 pounds using this approach.

### **How will this work?**

We have decided to offer this weight loss approach to our clients and follow the protocol with them. If you decide to join us we will send you the homeopathic product and a booklet that contains an outline of the different phases of the program as well as many recipes. We will be following the program with you so that we can be aware of the challenges and their remedies. The shorter program is 21 days for people who want to lose approximately 15 to 20 pounds. The longer program is a maximum of 45 days. Both programs are followed by a maintenance phase of 3 weeks and a final re-entry phase of 3 weeks. People who need to lose more than 30 pounds will complete this sequence and then start at the beginning and go for another round.

### **Suggestions**

We strongly recommend that before starting this process you have a thorough evaluation to determine whether your body is ready for serious weight loss. People with toxicity, mal-absorption and allergies may need to address these issues first since they can interfere with the success of the program. Additional products are available to assist you with these steps if necessary. We also recommend a comprehensive blood test that you can order through your health practitioner or that we will order for you for \$97.00. We will analyze the results of this test and send you a copy as a baseline of where you are.

### **What is the cost of the program?**

The cost of the weight loss program is \$350.00. This includes the hCG homeopathic remedy, the booklet delineating the protocol, the preliminary consultation with Dr. Babinet and unlimited e-mails during the course of the protocol. We will also provide a free of charge weekly conference call to provide support and clarification. In the preliminary consultation with Dr Babinet he will analyze your readiness to handle the program, review your blood work, help you set your goal and identify any supplements you might need to add or eliminate during the protocol. Based on this assessment we will also determine if a preliminary phase of detoxification or food desensitization would be beneficial and how to integrate it in the program. The \$350.00 is an introductory offer valid through the end of September.

### **Price Change**

After 20 years at the same price per session Dr. Babinet has decided to increase his fees to bring them in line with the rate practiced by alternative health care practitioners with his level of training and experience. As of September 1st our new price will be \$240 for a one hour consultation pro rated upwards or downwards. So if you have some health concerns or would just like to know where your health stands now is the time to act and book a session at our current price of \$180 per hour.

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### Bertrand's Bio

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Dr. Bertrand Babinet is a health intuitive who has created a revolutionary approach to optimal Health and Wellbeing. His purpose is to help you identify natural strategies to restore balance and harmony in your body and your life. To accomplish this, he has created many tools of assessment and treatment that cover both the physical and the psychological levels. He works with individuals, couples, families, organizations and the physical environment to optimize health, effectiveness and

creativity. Dr. Babinet holds a PhD in Human Development and a Masters Degree in Spiritual Counseling. He is a board certified acupuncturist by NCCAOM and licensed acupuncturist in Colorado and has been practicing Chinese medicine for the past 19 years. He holds certifications in Nutrition, Functional Endocrinology, Functional Blood Chemistry, Postural Integration, Neural Organization Technique (NOT) and Nanbudripad Allergy Elimination Technique (NAET).

### Babinetics Bertrand and Roberta Babinet

**Phone:** 303-823-0301  
**Fax:** 303-823-5378  
**Emai:** [babinetics@aol.com](mailto:babinetics@aol.com)

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Dr. Bertrand Babinet | 1750 30th Street #184 | Boulder | CO | 80301